



When will shemitah produce arrive in the supermarket?

This table shows the first dates when fruits and vegetable arrive on the market for which *shemitah* laws apply (*kedushah/sefichin*). For more details, see the complete tables on the Torah VeHa'aretz website.

Rosh Hashanah 5782							
Arum	Asparagus	Banana	Beet	Broccoli	Butternut squash	Cabbage	Carrot
Cauliflower	Celery	Chard	Coriander	Corn-on-the-cob	Cucumber	Dill	Eggplant
Fennel	Horseradish	Hot pepper	Kohlrabi	Lettuce	Melon	Mint	Onion
Paprika	Parsley	Passionfruit*	Pepper (bell)	Pineapple	Pumpkin	Radish	Scallion
Spinach	Squash	Strawberry	String bean	Sweet potato	Tomato	Turnip	Watermelon
Cheshvan							
Artichoke			Peruvian apple cactus fruit			Pitaya	
Kislev							
Potatoes							
Tevet							
Blueberry				Prickly pear (sabra)			
Shevat							
Garlic				Loquat			
Adar I							
Nectarine				Peach			
Adar II							
Fig				Table grapes			
Nissan							
Apricot	Cherry	Green almond	Hackberry	Mulberry	Plum		
Iyar							
Apple		Lemon		Lychee		Pear	
Sivan							
Dry almond		Mango		Sweetsop		Quince	
Tammuz							
Avocado		Guava		Olive		Pomegranate	
Av							
Clementina		Kiwi	Orange	Mandarin	Persimmon		
Elul							
Carob	Date	Grapefruit	Feijoa	Sweetie	Pomelo		

Shemitah laws do not apply** to the following during shemitah:

Black-eyed peas | Chestnuts | Dry beans | Ginger | Hazelnuts | Lentils | Macadamia
Mushroom | Oats | Okra | Peas | Pistachio | Rice | Soy | Walnuts | Wheat

*For those who hold that passionfruit is a vegetable **Mushrooms grow on detached platforms; the rest are imports